

Pool Policies & Procedures



Pool Rules

- **Please rinse off before entering the pool.**
 - Showering helps remove sweat, lotions, sunscreen, bacteria and organic matter. This means the chlorine in the pool won't have to work as hard, and more illnesses can be prevented.
- No photos or video to be taken on the pool deck.
- No eating or drinking except for water on the pool deck. No Glass Allowed.
- Please have all children over the age of 5 use the family restroom or the gender appropriate restroom.
 - There is to be no changing on the pool deck.
- Children who cannot swim 25 yds without a personal floatation device must be accompanied by an adult in the pool.
- **Lifeguards are in charge of the pool at all times**

Circle Swim Instructions

Circle swim should be an orderly, continuous swim. In order to receive full benefits and enjoyment from circle/lap swim, it is important that all participants respect other swimmers and abide by the following rules:

- Choose a lane to match your skill: if you don't know or are unsure, ask the lifeguard for assistance.
- Upon entering, never dive, jump or push off into oncoming swimmers. Wait until they have made the turn and pushed off.
- Swim in a circle counterclockwise, keeping it to the right.
- **PASS ONLY ON THE LEFT.**
- Slower swimmers must allow fast swimmers to pass.
- Slow swimmers should wait at the wall until the faster swimmer turns. OR, the slower swimmer should swim close to the right lane line.
- **TO PASS**, tap the foot of the swimmer ahead of you, indicating you wish to pass. Wait and pass at the wall to avoid collisions.
- When resting on the wall, please move to the outward corners of the lane.
- If you are asked to move lanes, be courteous and responsive to the lifeguards.